Never call any man a liar to his teeth unless they are false.

Mrs. Winslow's Scothing Syrup for Children leathing, softens the gams, reduces inflamma-tion, allays pain, ourse wind colic, Se a bestle de

Many a fellow who is thrown on his own resources falls back on those of

The Tender Skin of Children is very sensitive to heat. Use Tyree's Antiseptic Powder for all summer skin affections. It quickly affords the little sufferer relief. 25c. at druggists or sample sent free by J. S. Tyree, Chemist, Washington, D. C .- Adv.

Queer Struggle. "There is one extremely odd thing which happens often in summer." "What is it?"

"That there should be such a hot time over the price of ice."

Good Wishes From Home. When Mr. Brown was away from home on an extended business trip, he got a long letter from his wife. It ended thus:

"Baby is well and lots brighter than she used to be. Hoping you are the same, I remain,

"Your loving wife."

In the Natural History Class. "Now," asked the teacher, "who can tell me what an oyster is?"

Silence for a moment, while small brows were knit in strained effort at remembrance. Then little Tommy's facial muscles relaxed and eagerly he raised his hand.

"I know!" he triumphantly announced. "An oyeter is a fish built like a nut."-Everybody's Magazine.

Constant Menace to Public Health. The National Association for the Study and Prevention of Tuberculosis estimates that there are over a million consumptives in the United States, of whom probably at least one-third are unable to provide for themselves the necessary treatment at home. Most of these cases are a menace to the health of their families and associates, and should be in special hospitals. At the present time, however, even if every case were known, it would not be possible to provide accommodations for more than one in eight or ten. The removal of these foci of infection demands more and better hospital and sanatorium provision.

Plea for Kitchen.

The kitchen should be the refinery, the laboratory, the factory of the home, and the pivotal point about which the activities of the home revolve. Costs should be considered thoughtfully; no scrap of food should be used again in various ways. By buying staple food supplies in large quantities from 15 to 30 per cent. can be saved. Any one wishing to do so may economize in this way. Housewives must not look upon their art as mere drudgery; they must bring education, intelligence, and concentration into practice. They should learn, as manufacturers have, that | failed at the very first, and that which the best results are to be obtained in a workshop that is well lighted, properly ventilated, and comfortably large, suitably furnished, and sanitary in all its equipments.-Leslie's.

AN OLD NURSE Persuaded Doctor to Drink Postum.

An old faithful nurse and an experienced doctor, are a pretty strong com-bination in favor of Postum, instead of tea and coffee.

The doctor said: "I began to drink Postum five years ago on the advice of an old nurse.

"During an unusually busy winter, between coffee, tea and overwork, I became a victim of insomnia. In a month after beginning Postum, in place of tea and coffee, I could eat anything and sleep as soundly as a baby.

"In three months I had gained twenty pounds in weight. I now use Postum altogether instead of tea and coffee; even at bedtime with a soda cracker or some other tasty biscuit.

"Having a little tendency to Diabetes, I used a small quantity of saccharine instead of sugar, to sweeten with. I may add that today tea or coffee are never present in our house and very many patients, on my advice, have adopted Postum as their regular bev-

"In conclusion I can assure anyone that, as a refreshing, nourishing and nerve-strengthening beverage, there is nothing equal to Postum."

Name given by Postum Co., Battle Creek, Mich. Write for booklet, "The Road to Wellville."

Postum comes in two forms.

Regular (must be boiled). Instant Postum doesn't require bolling but is prepared instantly by stirring a level isaspoonful in an ordinary cup of hot water, which makes it right for most persons.

A hig cup requires more and come people who like strong things put in a heaping spoonful and temper it with a large supply of cream.

Experiment until you know the amount that pleases your palate and have it corred that way in the future. "There's a Resson" for Postum.

(By E. O. SELLERS, Director of Even-ing Department The Moody Bible In-stitute of Chicago.)

LESSON FOR AUGUST 24.

THE BREAD OF HEAVEN.

LESSON TEXT—Ex. 16:2-15.
GOLDEN TEXT—"Jesus saith unto
them, I am the bread of life."—John 6:35.

The Psalm of praise (Ex. 15) is followed by the sorrows of sin. After leaving the bitter waters of Marah (11:23-26) the Israelites encamped for a time at Elim (v. 27). They then entered the wilderness of sin (16:1). This name is certainly suggestive for it was the sin of unbelief that lay behind their murmurings.

I. Despais, vv. 2, 3. We sometimes censure the Israelites for their complaining within a month after their miraculous deliverance from the Red Sea, but if we examine ourselves closely we will not be surprised at their lack of faith nor at the Savior's delight when he discovered faith (Luke 7:9). Their song, Chapter 15, of deliverance has scarcely died on their lips when a new danger confronts them, viz., that of privation. How many today fall at just this point, and think only of the "flesh-pots." They complained more over the privations of God's service than over the slavery of Pharaoh, though as a matter of fact the man in Egypt does not have "bread to the full." John 4:18, Eccl. 1:8. Truly Moses and Aaron had a task on their hands for "the whole congregation murmured." They had to bear the brunt of it all for they were God's visible representatives (Ps. 69:9; Rom. 15:3). Human nature is ever the same. Rather to die by the hand of Pharaoh with a full stomach than to live in a freedom which was accomplished by any privations. The trouble was that having everything done for them they lacked that moral backbone, that fixedness of purpose, which a great principle inspires and moves men to suffer and to overcome. The life of slavery in Egypt had made the Israelites craven.

God's Answer. II. Deliverance, vv. 4-10. God answered their grumbling with a most gracious promise. He met their bitter cry with a bounteous provision of bread. That they might know it was he who provided, God said "I will rain bread from heaven." But to guard against oriental improvidence or excess, they were directed to gather a day's portion for the day (v. 4 marg.) This provision was also to be a test to see if they would obey him, "walk in my law, or no." Some of them they attempted to keep over spoiled, see vv. 19, 20. To hoard is to lose, to use is to increase, Prov. 11:24, 25. To hoard wealth, whether it be temporal or spiritual, is to distrust God, and it was this very distrust which God was combating. It was a supernatural gift and was a type of Christ, John 6:31-33, 35. The manna sustained life for a day at a time; he, Christ, sustains forever, John 6:58. Notice, God did not place the manna in their mouths, each must gather, appropriate, for himself, so also must they who feed on the bread of life, Christ Jesus, and as they were to gather daily, so also must we feed anew

each day on Jesus, Matt. 6:11. Visible Proof. That the Israelites might realize fully that Moses and Asron were not working some trick of necromancy, or taking advantage of some botanical or ornithological knowledge of the country, God revealed to all, at the break of day, his glory, v. 10; and that their descendants might see and know of God's marvelous goodness and deliverance, they were commanded to fill a vessel with manna as a visible convincing proof (v. 32). Nor did this supply fail as long as it was needful, v. 35, Phil. 4:19.

III. Delight, vv. 11-16. What emotions must have filled the hearts of the Israelites when at evening they beheld the qualls and in the morning the manna. The mighty God who brought them out of Egypt has again shown his power. The manna was to teach them that "man does not live by bread alone but hy every word that proceedeth out of the mouth of the Lord," Deut. 8:2, 3. Do not lose time speculating upon what the manna was like, simply read vv. 14-37 and Num. 11:7, 8. Strangely enough not all were satisfied with the bread from heaven (Num. 21:5) but they had to est it or die. Some cried out for the food of Egypt, (Num. 11:5, 6) even as today some who profess to be Christians are not satisfied with Christ. As against these feelings of delight there must have been a neuse of repulse (v. 9) when God through Aaron commanded the Irraelites to "come pear before the Lord."

WILSON WAS REPRIMANDED

The Ambassador to Mexico Rebuked by the President for His Attack on British Statement,

Washington, D. C .- President Wilson has publicly reprimanded Ambassador Henry Lane Wilson for his recent attack on the British fereign office. Ambassador Page was instructed to express to Sir Edward Grey the regret of the American government that a diplomatic official of the United States "should have been guilty of such an impropriety."

The action of the administration here followed receipt of a cablegram from Ambassador Page officially confirming the Associated Press dispatch which had quoted a statement from the British government that it had recognized the Huerta regime in Mexico along with France and Germany, after "a congratulatory speech to President Huerta by Ambassador Wilson on behalf of the diplomatic corps in the City of Mexico."

FEARS THAW WILL KILL HER

Evelyn Nesbit, the Wife, Guarded by Police in New York Hotel-Has Been Threateend.

New York, N. Y .- Ununiformed police stood guard at every entrance to the hotel where Evelyn Nesbit Thaw is staying. Always fearful of her husband, she showed her terror to a marked degree on learning that he was at large. Her mother, Mrs. Charles J. Holman, was frightened even more than she, and urged Mrs. Thaw to go into seclusion until Thaw is found.

"Harry has threatened to kill me," Mrs. Thaw said, "and I believe my presence in New York prompted him to escape. Four years ago he told me 'I suppose I'll have to kill you next.' Many men will have cause for fear now that he is free. He considers Dr. Austin Flint his worst enemy and undoubtedly will try to make trouble for him."

JONES OF BINGHAMTON DEAD

Former Lieutenant Governor of New York Dies Following Stroke of- Apoplexy.

Binghamton, N. Y .- Gen. Edward F. Jones, formerly lieutenant governor of New York, and a noted Civil War veteran, is dead following a stroke of apoplexy.

General Jones's Massachusetts regiment was the first to respond to Lincoln's call for seventy-five thousand volunteers. When his command reached Washington after being attacked in the streets of Baltimore, President Lincoln declared: "If you had not arrived tonight we should have been in the hands of the rebels before morning."

His trade phrase, "Jones pays the freight," was known throughout the United States. For many years he had been blind.

NEGRO MURDERER A SUICIDE

Body of Man Who Killed Estelle Potter at Lexington, Mo., Found in the River.

Lexington, Mo.-The body of George Winkfield, the negro accused of the murder of Estelle Potter, the 13-yearold girl, Tuesday, was found at the mouth of Crooked river, in the Missouri river near here. His throat was cut and it is supposed he committed suicide.

Hannibal Harris, coroner of Ray county, turned the body over to the Lafayette county officials after it was identified by citizens of Lexington. Everett Stith; Elmer Seward, J. H. Groves, Jr., and J. H. Groves, Sr., were first to see the body and they claim the reward of \$400 offered by citizens for the capture of Winkfield, who has been hunted by hundreds of armed men since.

CAMP PERRY SHOOT OPENS

Great National and International Rifle Matches Begin on the Range In Ohio.

Camp Perry, O .- For 29 days more bullets will be hurled at the bull's eye here than were expended in many of the great battles of the Civil war. The trials of skill began with the historical old matches of the National Rifle Association of America, the opening event being the thirtysighth annual centest for the Wimbledon cup, representing the individual long-range championship of the United States. The President's match will be shot on August 21.

Former Atchison Man a Sulcide. Outhrie, Ok -- Robert Thompson, 24 years old, a blacksmith, formerly of Atchicon, Kun., committed suicide here by taking poison. He had been separated from his wife.

Epigrams on Youth. Lillian Russell in a toast on "Youth" at a luncheon in Pittsburgh scattered

spigrams like pearls. "In the end," she said, "in our struggle to keep young, we are all, alas! defeated. The scene of our de-

feat is marked with a white stone. "We fight against time, but time fights twenty-four hours a day.

"More people fail in the attempt to become centenarians than in any other business."

Such a Foolish Question. "My wife lost her purse with \$15 in it today," said a sad-looking man. "While going to town or coming home?" inquired a sympathizer.

"Didn't I say it had some money in it?" answered the sad-looking man.

Your Liver Is Clogged Up

That's Why You're Tired-Out of Series -- Have No Appetite. CARTER'S LITTLE LIVER PILLS will put you right in a few days. They do their duty. Cure Constipation, Biliousness, Indigestion and Sick Headache

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

and every one knew when she lost it. W. N. U., KANSAS CITY, NO. 34-1913.





